



## Octavia Nash Transcript

Intro (0:00 - 0:18)

The New Jersey Council on Developmental Disabilities provides information to help New Jersey residents with developmental disabilities and their family members. You can learn more about the council's work by visiting their website, [www.njcdd.org](http://www.njcdd.org).

[LeDerick Horne] (0:19 - 4:02)

Hello everybody, this is LeDerick Horne. Thank you so much for joining us for this episode of the podcast. I am here today with Octavia Nash.

Octavia and I have known each other for about two years now. She was actually one of the first people to reach out to me and brother Bill Davis shortly after we were awarded the grant from the New Jersey Council on Developmental Disabilities to work with black residents with IDD and their families in the state of New Jersey. And we've been connected ever since then.

I find her to be just a remarkable human being, an amazing advocate. And her story was one that I knew, I really wanted to make sure it was captured as part of this podcast because she's had an amazing journey. And I think she just has a lot to contribute and to give to family members and self-advocates and folks who are part of this larger disability community.

So Octavia, how are you doing today? I'm doing well, Ladera. And I just want to thank you for inviting me.

It has been a pleasure getting to know you over the last two years. And you and brother Bill have been doing some amazing work along with the entire consortium for black IDD families. And so I just want to say you guys are awesome.

[Octavia Nash]

Thank you so much. Thank you so much. So I said a little bit about you, but can you start off by just telling us a little bit about how do you describe yourself, where are you from, and what do you do for work?

Okay. Well, I'm from South Jersey. In fact, I'm from Glassboro, New Jersey, born and raised.

I attended Rowan University for undergraduate and Georgian Court University for a master's in business administration. I have certificates in diversity, equity, and inclusion, as well as cybersecurity from Rowan University. And I've been working in higher ed for about 15 years.

Really enjoy working in that space, working with college students as they explore what comes next in their life. Currently, I work as an instructional designer here at Rowan University. I work with faculty members to build academic content online.

So when students take courses in the learning management system, I work with the faculty members to present a course for students. My biggest achievement, though, is I'm a mother of a wonderful, wonderful, amazing 22-year-old, Jalen. His name is Jalen.

He has a developmental disability. Watching him grow up, overcoming challenges, and leading his whole life has become my purpose in life. All right, Brother Jalen.

[LeDerick Horne] All right. So can you maybe take us back in time and talk about maybe that day when you realized that your son had a disability? And yeah, let's just start there.

Just can you recall that day?

[Octavia Nash]

Yeah. So I had a difficult birth with Jalen. So there was some indications that something was a little bit off, especially with the birth plan. I was in labor with him for 26 hours, and they gave me morphine the entire time. So when Jalen was born, he was not breathing for two minutes.

And he had really low APGAR scores.

[LeDerick Horne] (4:03 - 4:04)

And what are those?

[Octavia Nash] (4:04 - 38:24)

Those are some assessments that they give the children according to how they respond to certain things at birth. And that indicates their awareness. And so that was in the back of my head already that, OK, this was a difficult birth.

He had low APGAR scores. And then he was born with club feet. And that was something that I was not expecting at all.

It was not noticeable in the ultrasound. So when he was born, his feet were completely turned around. And so when he came home from the hospital, we already had casts on his tiny feet.

So those developmental disability markers weren't identifiable right then and there, but physical disabilities with the club feet was noticeable. And it was already like, OK, I had to prepare for this. But then as time went on, he wasn't meeting his developmental milestones.

He wasn't sitting up without support. His crawling was delayed. And so I reached out to my county's early intervention team.

They evaluated him, and he qualified for speech OT, PT, starting at the age of six months.

[LeDerick Horne]

OK, so that's early.

[Octavia Nash]

Yes.

[LeDerick Horne]

As you meet other family members who have young people who have disabilities, kind of reflecting back on those early years for you, is there any advice that you have for them?

[Octavia Nash]

Yeah. I would say connect with your doctor with any concerns that you have right away.

I know in my community, African-American community, we have a tendency to say, oh, that baby's all right. They just need some time. Or let's pray.

Let's pray for them. Disabilities in the Black community are often, or 20 years ago, 22 years ago, was often taboo. Thank goodness we reached a new point and it's not as taboo.

And even my family was initially like that. They had Jay in multiple prayer circles. They continued to tell me not to worry.

Everything will work itself out. But I knew I had to do something more. And thank goodness my son had a wonderful pediatrician.

Shout out to Dr. Bright with Cooper Peds. She's a doctor of color, and I felt very comfortable sharing my concerns with her. I didn't feel as though she was going to judge me, shame me, look at me as anything less.

And so I was able to open up to her. And she recommended early intervention. And that actually started my journey on advocacy.

I think it's important for families to understand it's okay to share your concerns with your doctor, to seek the appropriate resources to help them. Early intervention was a great resource for my son. They came into my home three times a week at the age of six months, starting at the age of six months.

And they worked with him until the age of three. I credit much of my son's progress to the outstanding services that he received with early intervention. And I also want to add, if families don't feel comfortable talking to their healthcare provider, you may want to consider changing.

And it's okay to change. Ask friends, family, neighbors for recommendations. Good healthcare providers are out there.

Please don't feel stuck. So just to be clear, because I know there are going to be some family members who are listening to this program who are very new on this journey. So it sounds like you were just very fortunate to connect with a doctor that not only you felt like you could open up to, but was also really knowledgeable in providing these supports.

[LeDerick Horne]

Were you able to get those early interventions like the speech therapy? Were you able to get those through the doctor? Or was it through the county?

How did you make those connections to eventually get the services? Yeah. So Dr. Bright, she recommended the services. She said, you may want to consider early intervention. Now, what I need to also add is during this entire process, I'm only 20 years old. Young mom.

[Octavia Nash]

I'm a very young mom. I still consider myself a young mom now. But I still was going through development stages of my own.

And so that's why I think Dr. Bright was a godsend because she was more like not only a doctor, but a mentor. And she said, hey, there's this program called early intervention. Here's the number.

You got to go through the county. At least get him evaluated. And that got everything started.

[LeDerick Horne]

All right. You talked about early intervention, but what are some of the programs that have helped you the most as you have supported and advocated for your son? I just want to reiterate first, early intervention and how important that is.

[Octavia Nash]

They set the foundation for me. And they worked with me leading up to Jaylen entering preschool to the age of three. And they helped me determine appropriate goals to include in his first IEP.

So I really can't speak enough about early intervention and how, you know, if families have any concerns, like that, starting at birth, that should be the first resource. Yeah. And can I just jump in here?

[LeDerick Horne]

Because I'm glad you're just reiterating it. Because you did make the point around, like, your family was trying to help in their own way, right?

[Octavia Nash]

There was the prayer circles. There was that sort of support. But you knew that there was more that was needed. And so what we know with a variety of disability types is that the sooner you can provide support, the better the outcomes will be for your child.

So, you know, and I'm a big believer in mom and dad sort of sense of is there something right or something wrong, but we need to address something here. Like, don't just ignore that, right? Like, really lean into that.

And if you feel like there's some sort of support that needs to happen, just go ahead and seek out that support. Okay. I'm sorry.

And I think the next resource that was really helpful was SPAN, which is the Statewide Parent Advocacy Network. So Jalen now is in preschool going through school, and we have IEPs, and I know nothing about IEPs, right? The first two years, you know, I had a little information based upon early intervention and what they had set up for me, his goals.

But Derek, you know, I would get in IEPs, and they would have the IEP already written. And I would say, oh, that looks good, and then sign off. Yeah.

[LeDerick Horne]

Yeah. Yeah. And I have the same experience as a person with a learning disability.

I remember being a kid and showing up at the IEP meeting and feeling like, got it, and figured everything out. Like, they're asking me questions, but, you know, like the big decisions have already been made. And it's sad, but for so many of us, it's a really disempowering experience to go to an IEP meeting.

[Octavia Nash]

But I credit SPAN because, you know, it was a great resource in helping me become confident during IEP meetings. It, like, helped me develop my voice and be the advocate that Jalen needed, and even the advocate that I am today. Toward the end of Jalen's journey in high school, the child study team, they already knew, Derek, you know, that I was going to come in there with my word marker, you know, and, you know, and I was going to, you know, include the goals that I thought were most important for Jalen to help him in his journey in life.

But all of that, I give credit to SPAN because they give voices to parents. The IEP process is exhausting, and it's so easy to go in there and just sign. That's the easy part.

You know, I can see how parents say, oh, well, they already figured it out for me. Let me sign. But they don't know your child like you do.

Absolutely. Absolutely. So, I family members in the state of New Jersey, they provide a lot of training, a lot of different supports.

And so it sounds like you got some very specific training around how to show up at an IEP meeting. But do you remember, were there any of those sort of SPAN programs that, like, really stand out to you as being especially sort of helpful as you were supporting yourself? Yeah.

So, early on, he was in elementary school. His child study team and I were kind of at an impasse with his IEP and with the goals that I wanted for him. And we were kind of deadlocked, of course.

So, I reached out to SPAN, and they sent an advocate with me to the IEP meeting. And I was sitting there like, that's who I want to be when I grow up. And this advocate came prepared.

She cited different school laws, ideal laws, all types of things. And the child study team, I think that's when they realized that I wasn't playing around with this. And so, without that mentor or advocate to come down and attend with me physically, I'm not sure if we would have been able to get Jalen the resources that academic year.

[LeDerick Horne]

Yeah. Yeah. It's also interesting.

I heard you say, come down. So, you know, and whenever you and I kind of interact or we're talking about the work and resources that need to happen, you always point out, like, I'm in South Jersey. We need, like, more resources in South Jersey.

So, how was that as a challenge as well? Or how has it been as a challenge with being able to access resources? Because the bulk of New Jersey's Black population is in North Jersey, right?

And actually, studies have looked at it, and even the highest concentration of folks with disabilities tends to be in Northern New Jersey. And as a result, unfortunately, there are so many resources that tend to kind of get directed to that part of the state. Can you just maybe talk about some of the challenges about being down South?

Because, you know, like, you know, and this is, we're going to put this online. So, there could be people from all over the country, all over the world that listen to this, too. So, New Jersey folks sort of get off of the airplane or they're on a turnpike, and they kind of just think of, like, oftentimes, Newark and Elizabeth.

But you get south of 8A on a turnpike, it gets real rural quick. You know, except for some, you know, a few pockets here and there. So, just like, what is it like trying to access resources down in South Jersey?

[Octavia Nash]

It has been a huge challenge. Because what I found is that, you know, I look online for different resources, and I see them available in Bergen County, right? And we know Bergen is a very affluent area.

And I say to myself, well, we don't really qualify for that, because that's too far. And I'll look and see, okay, well, they have resources available in Camden City. That's not far, but oftentimes, it's based upon income and serving that population.

Well, we don't, we don't qualify for that. Right? So, it's like, we're in between, you know, the affluent and then the very, you know, low income community.

And there's often not many resources for that population. So, what I, you know, started to do was to take this to the many nonprofits in this South Jersey area and say, well, if they're doing it in Bergen, why can't we do it here? If they're doing it in Camden City, that's great.

Let's just do it here to reflect the population here. If they've already built the framework, let's just incorporate it here. It's not that hard.

Right? Or so it doesn't sound as hard. So, that has been the challenge.

Octavia Nash

So, what I've been encouraging people and organizations to do is let's network, right? And that's the thing that I really like about the Black IDD consortium, you have people from all over and saying, okay, well, this is what we're doing here. This is what we're doing here.

I can give you this information as a framework and you can take it there. And I also want to say that all of this type of fluidity in information is new. 20 years ago, North Jersey was North Jersey.

South Jersey was South Jersey. You really didn't have the incorporation of technology. We couldn't jump on a Zoom 22 years ago.

We did have email, but in terms of being able to have that conversation, you really need to have it somewhat in person. And I think that's what technology brings and opens up is the ability to share resources and connect even within our own state. Yeah, no, absolutely.

Yeah. Because accessibility, like particularly for transportation tends to be a big issue as well. And so, folks would have to, I mean, you still have to at some times just travel all over to be able to get to the workshop you want to or be a part of a program that may be having it in person.

But I think the pandemic of course was a horrible time for a lot of us, but it also, it introduced us to technology and telecommuting and that kind of thing became a lot more normalized, right? And so, yeah, it's not uncommon for folks to do hybrid, even in some of the trainings that we do. We do either hybrid or we'll do them all online just so it's more accessible, right?

So everybody can get to the information and you don't have to deal with not only transportation, but there's child care. There's all other kinds of stuff that folks oftentimes have to navigate. Can you talk a little bit about your experience with the Regional Family Support Council in your area?

And just so that folks know, and like with all of our episodes, I'm going to have links to a bunch of the different resources and programs that we talk about. Those will be in the show notes. So folks will be able to learn more, again, down in the comments, down in the show notes.

But the New Help to Organize, these Regional Family Support Councils, and there are councils that are all over the state. So you're an active member in the council in your area. Can you just talk about who they are, what they do, and why folks should consider connecting with them?

[Octavia Nash]



Yeah, I think it's a great resource. I connected with them probably six, seven years ago, definitely before the pandemic, when they were having in-person meetings. And now everything kind of transitioned to online, which has been great because families have challenging lives, right?

And trying to get someplace is difficult. But what I like most about the council and their groups is that the information trickles down. So if there's a statewide initiative, we'll get an email from my local group saying, hey, this is going on.

If you're interested, let us know. And I don't think that was happening before. The information wasn't trickling down.

And so I really credit the council for creating these support groups because they're really impactful. And even if I can't attend a meeting, I'm on the email thread. I still see what's going on.

I still have the opportunity to engage with the council and be a part of it. So shout out to council for doing that. It's really impactful.

And I think it gives the families an opportunity to engage with them and feel included. Yeah. And the regional family support councils, they of course are an advocacy entity, but I know that they, each one of them also do information sessions.

So addressing different topics. And yeah, like you're saying, a lot of them are virtual now. So they're a great way for folks to connect with information and connect with resources.

[LeDerick Horne]

I also know that you're a recent graduate of Partners in Policymaking. Can you talk a little bit about the experience of Partners in Policymaking and just the impact that's had on you as an advocate?

Octavia Nash

Sure. Partners in Policy is a leadership program, advocacy education program for adults with developmental disabilities and their family members. And I am a 2023 graduate. And by far, this was one of the best experiences I've ever had.

It is sponsored by the council, the Boggs Center on Developmental Disabilities and Disability Rights. This program prepared me for advocacy in ways that I never thought was possible. LeDerick, they brought in experts on key topics like Medicaid, inclusive ed, transition, employment-supported decision-making, and so much more.

During my time in the program, I had the opportunity to testify before my state legislator about the importance of increasing funding for supported housing for individuals with IDD. I would have never imagined that for myself. 20 years ago, when I was that mother in the office of Dr. Bright, saying, I don't know what to do. And then fast forward to now, and I'm testifying before my state legislator. That is tremendous growth. And that is tremendous confidence that was supported by Partners in Policy and other organizations that I mentioned earlier.

Further, we learned about building social capital and how important it is in advocacy. One of the things that I'm most grateful for during my time in Partners is the connections I made. My fellow participants, they're awesome.

We shared our life experiences. We motivated each other to keep the course in our journeys. We shared resources.

In fact, I still stay in touch with my friends from the program. I have regular dinner dates with them. And about two weeks ago, I had to call one of my fellow participants, who's an estate planning lawyer.

And I had to ask her for some advice, because I was helping a mother of an adult child with IDD trying to get a special needs trust. So when I was having that conversation with the mother, I kept thinking like, I need to call Abby, because this is her area of work. So I think that's what Partners in Policy has done for me.

It's like, it's given me all of this great resource information, as well as the social capital to be able to call on my fellow participants and say, hey, I got this situation. You think you might be able to help with this? And that's how advocacy works, right?

Yeah, it's the network. It's the network. And you're in this space and getting this training with all these folks who are on that journey with you.

And yeah, I can just see it, right? Like the bonds that are created. And yeah, because so many of the challenges that we're facing out here, they're bigger than any one of us.

So it takes a collective group to be able to address it. And you mentioned, so it's the Partners in Policymaking, it was through the Bogg Center. And just for those who aren't aware, the Bogg Center is at Rutgers University.

It's our state's center for excellence. And so every state in America has, and I think they're all based at colleges or universities that provide training and resources and supports for family

members, for educators, for community members. And the Bogg Center is ours here in the state of New Jersey.

[LeDerick Horne]

So again, there'll be a link to the Bogg Center. And yeah, and hopefully after hearing about this, there'll be other folks who connect to Partners in Policymaking. I know you and Sister Annette Smith, who's a member of the council, you guys came in and virtually gave presentations to some of the families that we support through our EPIC program.

And both of you all talked about Partners in Policymaking. And I know both from work I've done here in the state of New Jersey, but also work outside of the state, like Partners in Policymaking is something that folks always sort of point to, and particularly giving you the language and the confidence to be able to stand up, like you were saying, to legislators and to say, hey, here's what I need. And it's an amazing journey.

I mean, I thank you for painting this picture too, because I can see, you know, there's just the art of like those first steps for you supporting your son, and now how you're making these steps now to be an advocate for other people. I'm just curious before I go on to the next question, just where do you see this going? Like what's the Octavia of 20 years from now going to be like?

Well, I want to say, you know, as a mother of an adult child with IDD, it's hard to plan for 20 years. Let me just put that out there so people can feel me with that. We don't even know what we're doing tomorrow, but you know, here we go.

One thing I know for sure is that I'm always going to be Jaylen's number one advocate. That I know. Until the day that I die, he is my purpose, and he is what I strive to make sure that he lives a fulfilled and purposeful life, right?

That I know. In terms of me, you know, I want to be in the space that I continue to help black and brown families work through this confusing process, right? This process of not knowing.

It is so difficult if you're young, and I want to be able to be in the space, whether it's my own consulting business, whether it's just my advocacy that I do on my own time, but I want to make sure that I'm always in the space giving back, because I think about those who gave back to me. We talk about Dr. Bright. We talk about the Span advocate who came down to South Jersey and sat with me, right?

All of these people have meaningful impacts on my life, and so I definitely want to make sure that I can do the same to give back to that next young mother that's sitting in Dr. Bright's office. Absolutely. All right.

As your son is getting older now, he's 22, and he's definitely making that transition into adulthood, into the adult world. What are some of the challenges that you're preparing to face now? Here's the thing with Eric.

I'm going to keep it real with you and everyone listening, right? If you talk to a parent of a neurotypical child, many will say, I can't wait till my child is grown and then I'm done, right? You hear that often, right?

Well, that never happens for a parent of a child with a developmental disability or various disabilities, and honestly, that's something we must grieve. We need to acknowledge it, process it, and grieve it. Many of us begin to settle on the fact that we'll be caregivers for the rest of our lives.

I was having a conversation with a friend, and she has a 21-year-old daughter with a disability, and I said, we need to redefine what our lives will look like, right? We just can't be defined as caregivers. We're so much more than caregivers.

For example, I'm an avid traveler, a music enthusiast, a foodie, and a caregiver. If I put caregiver in front of all those things, then that defines most of my life. So, I just wanted to share that with people.

If you focus on just the caregiver, it's not providing an inclusive picture of who we are. Now, having said that, right, the new challenges that I'm working with, with my son in particular, and many other families once your child ages out of the school programs, is supported employment. Jaylen is finishing up his last year of school thanks to CompEd.

Because of COVID, he's attending a work readiness program that allows him the opportunity to go into communities and work at various job sites. He enjoys it very much, but in June, all that ends. So, we lose that protection of the school district.

So, we must find a job for him. I have to find the proper supports for a job coach. This new journey for Jaylen and I, honestly, is very, I'm nervous about it.

You know, it's much easier if he went to school for the rest of his life, to be very honest with you, right? Having the support of the teachers, the child support team, the IEP, right, having all those protections for the rest of his life, that would be so easy. Sending him out into this world is somewhat frightening, but I'm leaning on this resource community that I've kind of built to help me navigate through that.

So, supported employment is one of the challenges that we're working through, and the other one is supported housing. You know, we're beginning to have conversations around this topic, Jaylen and I, as to what he wants, how does that look, can he live by himself with some supports built in, and then trying to find those resources. Unfortunately, supported housing hasn't been a priority for many states.

There's not enough funding for it. New Jersey recently has begun to invest in supported housing, and there's new initiatives, but that's going to take a while for it to become available for many families to take advantage of it, and I'm hoping that's an option for Jaylen. So, two things that I definitely know that I have to focus on is going to be supported employment and supported housing.

Another one I want to just kind of throw out there is reliable transportation. Right. You know, right now, I'm Jaylen's Uber.

[LeDerick Horne] That's right, right. You know, but as I get older, you know, how sustainable is that?

Right. And so, you know, beginning to look at the options of transportation for him, and is it safe? Is it reliable?

You know, we got to have conversations about that. So, those are the areas that I'm going to continue to advocate for. Yeah.

You know, and this, the issue around supportive housing and independent living, and oftentimes families don't think about these issues, like, soon enough, right? Like, and this is a huge transition. It oftentimes takes a lot of support, a lot of pieces, I mean, even legally sometimes that need to be put in place.

And so, yeah, just one of the points that I'll just put out there is that I hope for the family members who are listening is that you start thinking about this sooner than later, as early as possible, because there is a lot of planning that needs to be put in place. Yeah, because, you know, whether it be modification to your own home and how that happens, or, you know, or if it's finding something out in the community, just being able to connect with those resources. And then, you know, we in New Jersey, right?

Like New Jersey, it's expensive to live in New Jersey, period, right? And then being able to find those housing options with whatever level of care your loved one needs. I mean, it can be very, very challenging.

So, beginning that process as soon as possible is really important. Yeah, LeDerick, I also want to add the transition piece to the IEP. The conversations typically happen around the age of 14, but with many school districts and IEP meetings, you know, they will leave that for the last 30 seconds of the IEP meeting, especially at the young ages, you know, starting at 14.

They go, oh, well, you know, here are your transition plans, and, you know, we'll talk about that next year. Start having those transition conversations at 14, right? You don't have to have everything figured out, but the longer you plan for it, it makes the process easier.

[LeDerick Horne]

Right, right. And housing and independent living is also a part of that conversation.

As we end our time together, is there one or two pieces of advice that you'd like to give to the members of the Black community who are listening to this episode?

[Octavia Nash]

Yeah, I think the first thing, and I touched on this, is, you know, seek help right away. You know, I told the story about how my family had Jay in multiple prayer circles, and, you know, something was like, no, I need to talk to my doctor about this.

And, you know, he was, at that time, six months old. So, there's no harm in talking to your healthcare provider about any concerns that you have. I understand that there may be some stigma around it, some taboo.

Let all that go. Just like you would talk to your doctor about anything that concerns an earache, your throat is sore, just bring it up to your doctor. And there's no harm in getting evaluated through early intervention, right?

It's either, no, we don't feel like he needs it, or he or she needs it, and they're doing great, or, you know what, they qualify, and we're going to get you the services. So, that's my first piece of advice, is just, the first inclination you have, talk to your healthcare provider, your child healthcare provider. Just have that conversation.

And if you don't feel comfortable, find another healthcare provider. Absolutely, absolutely, yeah. I think the second one is that I want to stress to families, is get connected to different groups.

[LeDerick Horne]

And it's important to go outside your familiar circle, because that's where you're going to build new relationships. Okay, what does that mean? What is the familiar circle?

[Octavia Nash]

What does that mean? Yes. So, when I was younger, you know, I would talk to my son's teacher, the IUP team, about any resources they knew about.

And that was limited. So, I had the opportunity one time to, just by chance, at my son's doctor's office, meet a woman who had just moved from Bergen County. And she had connections to Bergen County.

And she was like, oh, I'll connect you to my resources. There I was, right? Go outside your familiar circles, because that's where you're going to meet people, and that's where you're going to learn about new things.

And that's when I said, hey, you guys doing all this in Bergen County, we need to be able to do this here. And I wouldn't even know about those resources had I not met that woman. So, if you stay in familiar places, you're going to get familiar information.

And then also, you can get connected in other various ways. And I understand time is an issue. There's not enough of it.

But it doesn't take a lot of time to sign up for the council's newsletter, follow advocates on social media, listen to podcasts and webinars. Trust me, there's gems in newsletters and podcasts. We're dropping gems right now.

You have to get out of your comfort zone, and you have to meet and build relationships with people that bring new ideas and new resources. Yeah. And, you know, it's part of the idea of this podcast is taking that personal connection and trying to scale it up.

You know, like you had that opportunity of meeting someone who was just in the waiting room with you. And even now, today's very connected, very online way of sharing information. I still hear all these stories of folks who that key connection was someone they met in line at the grocery store or at the park, or maybe their kids were part of Special Olympics together.

And then it's just that mom to mom, dad to dad, that conversation that happens. And then all of a sudden, you're connected to things that you maybe would not have been able to connect with. And so, you know, with this podcast, you know, we're just two people having a conversation, but we're hopefully, again, dropping those jewels, making those connections, sharing information to folks who maybe would not have an opportunity to cross your path.

[LeDerick Horne]

So, Octavia, I just on behalf of everyone who's listening and everyone who really got something from this conversation, I just want to say thank you so much. Thank you. Thank you for having me, David.